



MARCH 2024

CT Technical Education & Career System

DID YOU KNOW? A balanced, healthy breakfast is available to ALL students AT NO CHARGE every school morning. Get your day off to a great start with SCHOOL BREAKFAST!

Monday



Tuesday

Wednesday

Thursday

Friday

Sloppy Joe on Roll **4**
Mixed Vegetables
Sweet Potato Crinkle Fry
Fruit Choices
Milk Choice

Breaded Chicken Strips **5**
Garlic Knot Roll
Roasted Butternut Squash
Kale and Apple Salad
Fruit Choices Milk Choice

Lasagna Rollups **6**
Steamed Broccoli
Tuscan White Beans
Fruit Choices
Milk Choices

Chicken Cacciatore **7**
Steamed Rice
Seasoned Vegetables
Fresh Baby Carrots
Fruit Choices Milk Choice

Nardone's French **1**
Bread Pizza
Mixed Garden Salad
Roasted Broccoli
Fruit Choices Milk Choice

Chicken Quesadilla Pizza **8**
Mixed Garden Salad
Buffalo Cauliflower
Fruit Choices
Milk Choice

Hamburger/Cheeseburger **11**
On Bun
Seasoned Potato Wedges
Coleslaw
Fruit Choices Milk Choice

Beef Tacos **12**
Cuban Black Beans
Pico de Gallo
Fruit Choices
Milk Choice

Corn Dog Nuggets **13**
Marinated Broccoli Salad
Fresh Baby Carrots
Fruit Choices
Milk Choice

Chicken, Corn & **14**
Mashed Potato Bowl
Steamed Green Beans
Honey Biscuit
Fruit Choices Milk Choice

Breaded Mozzarella Sticks **15**
w/ Marinara Sauce
Warm Dinner Roll
Mixed Garden Salad
Sautéed Zucchini & Tomatoes
Fruit Choices Milk Choice

Buffalo Popcorn Smackers **18**
Carrot and Celery Sticks
Rice Pilaf
Confetti Corn Salad
Fruit Choices Milk Choice

Stuffed Shells **19**
Garlic Broccoli
Cheesy Breadstick
Sweet Green Peas
Fruit Choices Milk Choice

Brunch for Lunch: **20**
Stuffed Hash Brown
Waffle
Fresh Baby Carrots
Tomato/Basil Salad
Fruit Choices Milk Choice

Breaded Drumstick **21**
Mashed Potatoes
Kernel Corn
Warm Dinner Roll
Fruit Choices Milk Choice

Skills USA! **22**
No School!

Breaded Chicken Filet **25**
On Bun
Cucumber/Tomato Salad
Oven Fries
Fruit Choices Milk Choice

Beef Nachos **26**
Mexican Street Corn
Spanish Rice
Fiesta Red Beans
Fruit Choices Milk Choice

Sweet Thai Chili Chicken **27**
Cilantro Lime Rice
Sesame Soy Glazed Green Beans
Honey Ginger Carrots
Fruit Choices
Milk Choice

Baseball Opening Day! **28**
Hot Dog
Popcorn
BBQ Baked Beans
Smiley Fries
Fruit Choices Milk Choice

Good Friday **29**
No School!

Daily Entrée Options May Include Assorted Sandwiches and Chef Salads with Roll
Fruit Options Include Fresh, Canned in Light Syrup or Juice, Dried, and 100% Fruit Juice
Milk Choices Include: 1% White, Fat Free Chocolate, & Lactaid

This institution is an equal opportunity provider

Due to Unprecedented Supply and Delivery Issues This Menu is Subject to Changes