

# Wolverine Print

Henry Abbott Technical High School

## PRINCIPAL'S MESSAGE



Greetings Henry Abbott Tech Families, Staff, and Community,

It is with great enthusiasm that I write this letter to you as the newly appointed principal of Henry Abbott Technical High School. I am proud to serve our school in this new capacity. Some important information you should know:

**Online Report Cards:** Quarter One Report Cards, will be the last paper report card mailing. Families will also receive Power School log-in information to enable access to review student grades and online report cards for the rest of the school year. Future report cards will not be mailed unless an opt-out form, included in the mailing, is received by the guidance office before December 20, 2019.

**ParentSquare:** This is a new communication platform being rolled out by the District and Abbott Tech. The majority of the building's communications will come through this platform. The program syncs with PowerSchool, so be sure to keep your PowerSchool information up to date with the guidance office.

**Attendance Updates:** Please refer to the CTECS Student/Parent Handbook for some changes in the attendance policy. Page 23 outlines that parent notes to excuse absences will only be accepted for ten (10) school days following a student's return to school.

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## CAREER TECHNOLOGY HIGHLIGHT

Mr. Mancini and Mr. Langlais are the two Automotive Technology teachers, and they both were car salesmen before they came to work at Henry Abbott Tech. When asked about how they got their jobs at Abbott, they both said they just "got lucky." Their favorite parts of this job are being able to work with the students and helping them mature. They also enjoy learning about the latest technology needed to fix new cars, as it is constantly changing and updating. Currently, their favorite project that they have the students doing is to learn how to fix the brakes, although they enjoy teaching all of the projects to their students. Outside of their jobs, Mr. Mancini plays golf and Mr. Langlais takes part in competitive archery.



# SBHC MESSAGE

## ***Vaping is on the rise among our youth.***

Nicotine is a highly addictive substance. Because the teen brain is undergoing massive changes, nicotine may rewire the brain, priming it for future addiction to other substances. Nicotine also contributes to problems with concentration, learning, and impulse control. E-cigarettes may result in dependence. Students in our area are reporting that they cannot quit, no matter how much they want to. In addition to nicotine, most e-cigarettes contain and release harmful substances, ultrafine particles, flavorings such as Diacetyl, heavy metals such as lead and nickel, and other cancer-causing chemicals. Vaping devices can explode causing horrendous injuries, and accidental ingestion of e-liquids or exposure to eyes/skin can result in seizures, vomiting, brain injury, even death.

Did you know that marijuana and THC are in those vapes? There is a growing trend with teens using e-cigarettes to smoke marijuana. Concentrates of marijuana that go into e-cigs (liquids and wax) contain 50-90% THC, the drug's main mind-altering chemical. Dried marijuana contains approximately 20%. These high levels of THC can cause heightened side effects like passing out, extreme paranoia, and nerve-wracking anxiety.

All families can impact the health of children: talk to young people about vaping, nicotine, and marijuana. Families have a big impact on teen decisions about risky behaviors. Start the conversation. It's never too early, and it's never too late!

## ***What to look for - Signs that your child is vaping.***

***Equipment*** - devices that look like flash drives or a stylus, pods, cartridges or bottles with e-liquids (nicotine or THC oils), small jars with DAB and tools for scooping.

***Unusual purchases online or from the local gas station.***

***Scent*** - The smell from vaping is nothing like traditional tobacco or marijuana cigarettes, but it is not completely odor-free. You may catch a whiff of a fruit or candy flavor.

***Increased thirst/nose bleeds*** - Some of the chemicals in these products can lead to dry mouth and nasal passages.

***Decrease in caffeine use*** - Some teens develop a sensitivity to caffeine as a result of vaping. Pay attention if your child quits drinking coffee or energy drinks.

***Watch Social Media*** - Kids often brag about their vape use with pictures, posts and hashtags related to vaping.



According to the CDC, marijuana use may have these long-lasting or permanent effects on the developing teen brain:



- Difficulty with critical thinking skills like attention, problem solving and memory.
- Impaired reaction time and coordination, especially as it relates to driving.
- Decline in school performance.
- Increase risk of mental health issues including depression, anxiety and in some cases psychosis where there is a family history.

## ***For more information:***

The Truth Initiative launched a new e-cigarette quit program, users can text "QUIT" to (202) 804-9884

<https://e-cigarettes.surgeongeneral.gov/default.htm>

[www.drugfree.org/helpline](http://www.drugfree.org/helpline)

Parent helpline: 1-855-DRUGFREE

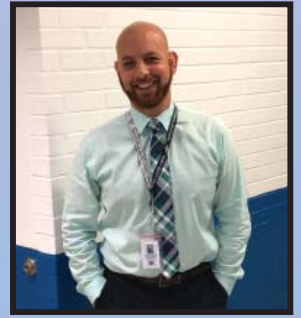
Additional sources: Truth Initiative, Stanford University, Partnership for Drug Free Kids, JAMA Pediatrics, CDC

Retrieved November 13th, 2019 from "The Educator" April 2019 edition.

# NEW TEACHER HIGHLIGHT

## SALVATORE MAIMONE, MATH INSTRUCTOR

Mr. Maimone was a mathematics tutor in college, and was told by his advisor that he would be a great teacher. He followed his advisor's advice. He loves how mathematics can be seen in everything and has a passion for teaching this to his students. For 15 years he was a college mathematics professor. Mr. Maimone's wife graduated from Abbott Tech in 2012. He has the desire to build and coach a wrestling team here at Abbott.



## MALVYN PAULINO, MDET INSTRUCTOR

Mr. Paulino is a graduate of Abbott Tech. He had no interest in teaching until he was approached by Mr. Velez about the opportunity to teach Mechanical Design and Engineering. Mr. Paulino now enjoys teaching. Mr. Paulino loves to teach students life skills, but his favorite part is to teach the drawing skills. Before joining the Abbott staff, Mr. Paulino was an architect in Greenwich. He enjoys many sports and exercise.

## STEPHANIE HARDISTY, ENGLISH INSTRUCTOR

Before coming to Abbott Tech, Ms. Hardisty was a teacher at J.M.Wright Tech for three years. She enjoys helping students improve their reading and writing skills. She also likes choosing content that students will enjoy. Her favorite topics are close reading and rhetorical devices. English and language arts were always her favorite subjects as a student. In her spare time, she enjoys reading, writing, cooking, baking, and attending concerts.



## KARYN SKINNER, GRAPHICS TECHNOLOGY INSTRUCTOR

Previously, Ms. Skinner worked as a graphic designer and photographer. Becoming a teacher was a natural career change as her family is overly-saturated with educators. Her favorite thing to teach students is better problem solving skills. Ms. Skinner believes teaching soft skills in the classroom, like communication, time management, and work ethic are most important. She enjoys sports, music, art and being outdoors.

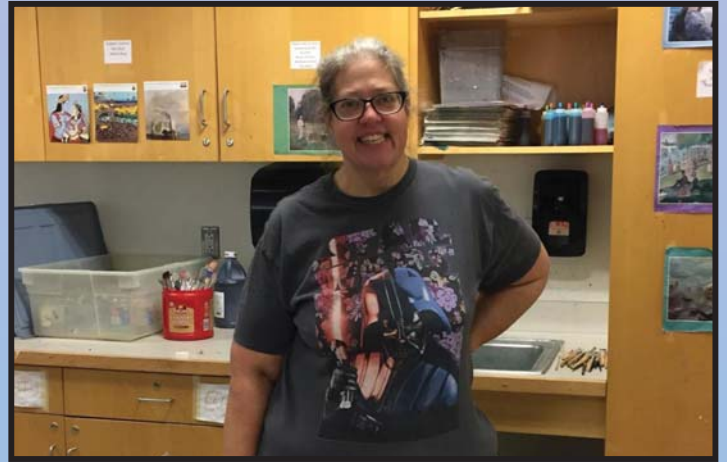
### Veterans: Word Scramble

Unscramble the words below:

- |                   |                   |                        |
|-------------------|-------------------|------------------------|
| 1. amerd _____    | 6. dgrua _____    | 11. rmya _____         |
| 2. ohnor _____    | 7. eltef _____    | 12. vyberar _____      |
| 3. rotpo _____    | 8. oeacgur _____  | 13. liemarmo _____     |
| 4. avny _____     | 9. mnmoadoc _____ | 14. aeioomtnmrcm _____ |
| 5. fyinrant _____ | 10. vlacayr _____ | 15. rteevan _____      |

## CLUB HIGHLIGHT

Ms. Clark is in charge of the GSA (Gay Straight Alliance) Club at Abbott. She took leadership from another teacher because she wanted students to feel comfortable. She enjoys taking students to UCONN's True Colors Conference because they can be comfortable and express themselves. "It's so wonderful to see so many parents at UCONN," she said. This club is important to her because she has many LGBTQ+ people in her life. Ms. Clark is an advocate for the acceptance, well-being, and safety of everyone.



## SPORT HIGHLIGHT

"I don't just see two high schools, Abbott or Immaculate, when I see the players. I see ATI United." These are Coach Bova's words after we talked to him about how the Abbott Tech Immaculate (ATI) Co-Op Football Team has been doing overall. They are all united as one force on the field. As of now, Abbott Tech's football team is doing well. They are currently 5 - 1. A good number of our students participate, and all the team members get along tremendously. Mr. Bova also gave a shout out to Kyle Cyr and Anthony Frasier. They are two of the four captains of ATI. They have been instrumental in recruiting new members from Abbott Tech. In addition, he mentioned the cookie dough fundraiser. If anyone wishes to know more about it, ask any of the football team members. Mr. Bova then concluded by stating that their goal is to compete for the CTCP Championship.

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**Make sure to wash your hands frequently and get**



**plenty of rest as it's flu season!**